# **ID/DD Solutions**

A PerformCare product

## PerformCARE®

### Care where it counts

For people with intellectual and developmental disabilities (ID/DD), accessing high-quality, appropriate health care can be a road of continual hurdles. PerformCare wants to clear the way for people with ID/DD alongside their caregivers to allow focus on all facets of a person's health care in one place. PerformCare is leveraging its experience as a full-service behavioral health managed care company with a whole-person approach. Our goal is to improve behavioral and physical care, while enhancing wellness, and improving quality of life for the ID/DD community.

PerformCare introduces **ID/DD Solutions**, a product to bridge the gaps in health care services through the knowledgeable, compassionate delivery of solutions for people with ID/DD and their families and caregivers. As a part of AmeriHealth Caritas®, a national leader in health care solutions for underserved populations, PerformCare brings the support of more than 40 years of expertise to this endeavor. ID/DD Solutions' leadership includes senior management with lived ID/DD experience in addition to dedicated experience as clinical providers in the field of ID/DD, with decades of understanding and involvement.

#### Mission

**ID/DD Solutions** works to pioneer the informed, culturally responsive provision of care for people with ID/DD, to improve their quality of life, and to support individuals in their pursuit of the lives they wish to lead.

#### Initiatives for change

We channel our efforts for people with ID/DD through programs that reflect our values of listening to ID/DD communities, understanding their needs and experiences, and overcoming systemic barriers to their best health and quality of life.

The National Institutes of Health has taken important steps to improve the representation of people with ID/DD in research toward improving health outcomes and reaching health equity.<sup>1</sup> **ID/DD Solutions** seeks to translate such research into organizational and community action for meaningful change.

Source:

<sup>1</sup> "NIH Designates People With Disabilities as a Population With Health Disparities," National Institutes of Health, September 26, 2023, https://tinyurl.com/4vrdcfm4, accessed February 22, 2025.

#### **IMAGINE:**



Health services staff and other community professionals empowered by comprehensive training initiatives to understand the lived experience of people with ID/DD and their families and caregivers



Health care navigation assistance that leans in to learn and accommodate individual needs



Connection to both physical and behavioral health services with one phone number, right at one's fingertips



#### www.performcare.org



In partnership, we can achieve more. We support ID/DD-focused nonprofit organizations through a variety of resource contributions.

#### Strategically supporting the ID/DD community

- We have provided financial sponsorships to annual conferences for the American Association on Intellectual and Developmental Disabilities (AAIDD), National Association for the Dually Diagnosed (NADD), and the Developmental Disabilities Nurses Association.
- Contributions have been made to Autism Speaks, Children's Hospital of Philadelphia, St. Jude Children's Research Hospital, United Cerebral Palsy of Central Florida, United Way of Greater Philadelphia and Southern New Jersey, the Arc of New Jersey, and the Special Olympics of Pennsylvania.
  - In 2024, Hurricane Helene caused significant damage to the Asheville regional office for the Arc of North Carolina. In response and in line with our devotion to safety in the community, PerformCare provided a significant contribution to the rebuilding efforts for both the I/DD community and those caring for them.
- PerformCare has continued to sponsor and strongly support a New Jersey law enforcement initiative to increase community safety for people with ID/DD.

- ID/DD Solutions has expanded our community safety and training initiatives to multiple departments of health across multiple states. The goal of this free training is to better prepare multiple agencies and volunteer units, including the Medical Reserve Corps and Community Emergency Response Teams.
- PerformCare has a new partnership with the Philadelphia Unit of the Medical Reserve Corps to provide a sevenpart ID/DD-specific training series throughout 2025, at no cost. Our ultimate goal is to effect change to policy that would make this type of training a requirement.
- We have provided live training to over 1,000 associates about a variety of ID/DD-related topics so we can all do our work better.

#### Board, committee, and workgroup memberships

Our senior leaders sit on multiple boards and committees to improve the quality of life for those living with ID/DD by contributing subject matter expertise and lived experience.

- AAIDD State Liaison
- AAIDD Health Equity Strand
- County Provider Advisory Committee
- Medical Reserve Corps Leadership
- NADD Specialist Examiner's Committee
- NADD Direct Support Professional Exam Committee
- Special Olympics Pennsylvania Board
- Pennsylvania Tech Accelerator Committee in partnership with Temple University
- The Association for Behavioral Health and Wellness Board

#### Contributions to the field

- Policy manuscript development
- Public speaking engagements
- National conference presentations
- Community event engagement
- Advocacy for and with the ID/DD community

#### ID/DD Solutions senior management

James A. Laughman, MSW, LSW — President, PerformCare; President, ID/DD Solutions, AmeriHealth Caritas

Jason Rechtman, MA, MBA, LPC, NADD-DDS — Strategic Development Director, PerformCare and ID/DD Solutions Contact Jason at **jrechtman@performcare.org**.

PerformCARE®

www.performcare.org

All images are used under license for illustrative purposes only. Any individual depicted is a model.